Professional Appearance and Dress Code

For Shadow and Clinical Students

Clothing and Jewelry

Clothing and uniforms must be neat, clean, and in good repair, moderate in style, appropriate size, length, and appropriate for the work required. However, standards require that the following are not acceptable:

1. T-shirts, sweatshirts, sweatpants, shorts (including walking shorts), spandex, leggings, jeans, bare back tops, halter tops, midriff tops, low or revealing neck lines, spandex tops or tight fitting attire. Miniskirts (skirts being more than six inches above the knee) and spaghetti strap dresses. Painter/carpenter overalls or bib overalls.
2. Clothing or accessories bearing pictures or writing that states or implies nonprofessional, illegal, distasteful, or suggestive language or activities.
3. Sunglasses without medical reason.
4. Shaggy or unsightly hair or non-traditional hair coloring (green, blue, purple, etc.)
5. Head coverings except when associated with professional, medical, or religious rationale or are required for reasons related to practice, example: to meet Board of Health regulations.
7. Excessively worn, frayed, or wrinkled clothing.
8. Reflective clothing (i.e., shiny garments with liquid appearance), except for those jobs that require reflective garments (i.e., EMS).
9. Clothing that advertises a service, business, non-health related association, or other enterprise. Designer logos are allowed (i.e., IZOD, Polo, Tommy, FUBU, etc.).

If your apparel draws attention to you rather than our patients, it is not appropriate. Certain departments may have specific dress codes, so please check with the department manager.

The wearing of jewelry should be kept to a minimum. Rings or piercing studs in the nose, face, lips, and other exposed areas besides the ear are not acceptable while on duty. Piercings in the ear should be kept to a maximum of 3 per ear.

Name Tags

The hospital provided name tag should be worn by employees and students at all times. The name tag should be worn in a manner that makes the tag easily visible to patients and guests. This enables patients and visitors to identify you as a student and also identifies you to other
departments. No lanyards are allowed for safety reasons. Name tags should be attached to your clothing with a hospital approved clip.

**Personal Hygiene**

A high level of personal hygiene is very important for all personnel, and should be maintained so not to be offensive to others. Hands and nails will be cleaned and well groomed. Nail polish and style will be subtle and nail length conservative. In some areas, artificial nails may be banned to be consistent with the infection control policy. Hair will be clean and neatly styled. Facial hair will be neatly styled and groomed. Fragrances will be minimized and may be banned to avoid allergic reactions, if needed.