THE STRENGTH IT TAKES

Indiana University Health Rehabilitation and Sports Medicine Center

Bloomington Clinical Staff and Service Directory

Updated January 2017

Indiana University Health
Staff directory by specialty

Leadership
Dave Schroeder, PT
Manager
IU Health Rehabilitation and Sports Medicine Center

Athletic training
Karlee Kolb, LAT, ATC
Judy Landrey, MS, LAT, ATC
Joe Pavich, LAT, ATC
Miriam Rosenthal, LAT, ATC
Scott Schroeder, PT, LAT, ATC

Occupational therapy
Hillary Deckard, OTR
Katie Edwards, OTR
Emily McClain, MS, OTR, CLT
Rachael Norton, MS, OTR, DRS
Liz Peterson, OTR, DRS

Massage therapy
Crystal Hillenburg, CMT

Speech/language therapy
Marsha Huberty, SLP-CCC
Lauren Steury, MS, SLP-CCC

Physical therapy
Kelly Bellini, PTA
David Berning, PT, DPT
Heather Blanton, PT, DPT, LAT, ATC
Ty Childers, PT, DPT, Cert MDT
Donna Cochran, PT
Laurie Dalton, PTA
Janet Delong, PT, DPT, Cert MDT
Chris Gales, PT, DPT, MS
Nathan Gentry, PT, DPT
Christine Haack, PT
Erica Herron, PT, DPT, CLT
Kyle Neill, PT, DPT
Jan Newell, PT, DPT, CLT
Brett Niehaus, PT, DPT
Catherine Noel, PTA
Kent Pellerite, PT
Scott Schroeder, PT, LAT, ATC
Maneta (Cindy) Sims, PTA
Kirsten Smith, PT
Tom Spevak, PT
Carolyn Sullivan, PT
Brenda Taylor, PT
Beth Underdahl-Pierce, PTA
Donna Vargas, DPT, Cert MDT
Paul Viterisi, PT
Tom Waggoner, PT
Trista Weimer, PT, DPT
Tobin Wingard, PT, DPT, GCS
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<td>Dave Schroeder, PT</td>
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<td>Hillary Deckard, OTR</td>
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Dave Schroeder, PT
Manager of Indiana University Health Rehabilitation and Sports Medicine Center

Dave Schroeder graduated with a Bachelor of Science degree in Physical Therapy from Indiana University. Dave was employed at Wishard Memorial Hospital, Methodist Hospital in Indianapolis and Indianapolis Physical Therapy and Sports Medicine prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 1994. At the IU Health Rehabilitation and Sports Medicine Center, Dave has served as Manager, where his primary responsibilities include supervision of four outpatient/sports medicine facilities. He oversees all clinic operations. Dave has been a guest lecturer at Indiana University and DePauw University.

Areas of special interest: Rehabilitation of the adolescent athlete, sport-specific rehabilitation, aquatic therapy, program development and administration

Additional credentials: AED/CPR certified, APTA Certified Clinical Instructor
Athletic Training

Karlee Kolb, LAT, ATC
Athletic Trainer

Karlee graduated with Bachelor of Science in Athletic Training from Indiana University in 2016. Karlee serves as the athletic trainer for area schools and community events.

Areas of special interest: Orthopedic and sports medicine injury management

Additional credentials: AED/CPR Certified

Judy Landrey, MS, LAT, ATC
Athletic Trainer

Judy Landrey graduated with a Bachelor of Science degree in Physical Education with an Athletic Training emphasis from Indiana University and a Master of Science Degree in Health and Physical Education from the University of Southern Illinois at Carbondale. Judy was employed as an Assistant Athletic Trainer at Central Michigan University and was an instructor in the Sports Medicine major prior to joining the Ball State University staff as Head Women's Trainer and Professor in the Athletic Training and Physical Education Departments in 1985. Judy serves as the primary athletic trainer for area youth sports organizations and community outreach. She joined the Indiana University Health Rehabilitation and Sports Medicine Center in 1987. Judy has worked with Concussion Trained physicians to develop the concussion protocol for IU Health-Bloomington. She was certified as a Rock Steady Boxing Coach in 2013.

Areas of special interest: Athletic enhancement programming, functional ACL injury prevention in the female athlete, Body in Balance™ Athletic Movement Screen, concussion cognitive testing and management, certified coach for Rock Steady Boxing - Fighting back against Parkinson’s

Additional credentials: AED/CPR certified, AHA AED/CPR instructor certified, Approved Clinical Instructor
Joe Pavich, LAT, ATC
Athletic Trainer

Joe graduated in 2011 from Purdue University with a degree in athletic training. In 2010 Joe completed an internship with the Arizona Cardinals football team as an athletic trainer. Joe has worked as an athletic trainer for a number of different size high schools, ranging from 1A to a 6A high school in north metro Atlanta from 2013-2015. Joe has been employed with IU Health since August 2015, where he now oversees the community sports medicine program and Rock Steady Boxing Affiliation in Bloomington.

Areas of special interest: Chronic injuries and concussions.

Additional credentials: AED/CPR Certified, Certified Coach for Rock Steady Boxing

Miriam Rosenthal, LAT, ATC
Athletic Trainer

Miriam graduated from Ithaca College with a Bachelor of Science degree in Athletic Training. She is currently working towards her Master of Science degree in Athletic Training at Indiana University. Miriam enjoys working with a variety of athletes as well as performing artists.

Areas of special interest: Orthopedic and sports medicine injury management, Manual Therapy, and Performing Arts Medicine

Additional credentials: AED/CPR Certified
Scott Schroeder, PT, LAT, ATC
Physical Therapist / Athletic Trainer

Scott Schroeder graduated with a Bachelor of Science degree in Athletic Training from South Dakota State University and a Master of Science Degree in Physical Therapy from the University of South Dakota. Scott was employed by Lee’s Summit Hospital in Lee’s Summit, Missouri prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 1999. Since joining IU Health, Scott has served as a lead therapist and now holds the position of Sports Medicine Coordinator. He has lectured on a variety of topics at professional conferences as well as at institutions including Indiana University, Franklin College, South Dakota State University, and the University of Northern Colorado. He has also served as an assistant instructor for Graston Technique®. Scott is an adjunct faculty member in the Indiana University School of Health and Rehabilitation Sciences, Department of Physical Therapy, where he teaches a class related to topics in sports rehabilitation. In addition, Scott functions as an instructor and mentor to graduate and undergraduate students in the clinical setting.

Scott has assisted numerous athletes of all ages, from youth to weekend warrior to professional, return to competition and improve their physical skills by guiding rehabilitation and athletic enhancement programs.

Areas of special interest: Rehabilitation of the athletic knee and shoulder, sport specific rehabilitation, identification of return to play guidelines, sports concussion, community and patient education programs, athletic enhancement programming, program development and administration

Additional credentials: AED/CPR certified, Approved Clinical Instructor
**Hillary Deckard, OTR**  
*Occupational Therapist*

Hillary Deckard graduated with a Bachelor of Science degree in Psychology from Indiana University, and Master of Occupational Therapy degree from the University of Indianapolis in 2010.

Areas of Special Interest:  Upper extremity orthopedics, workman’s compensation, wheelchair assessments

Additional Credentials:  AED/CPR certified

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**Katie Edwards, OTR**  
*Occupational Therapist*

Katie Edwards graduated with a Bachelor of Science degree in Occupational Therapy and Master of Occupational Therapy degree from University of Southern Indiana in 2011. Katie has worked in a variety of settings including long term care, outpatient, and inpatient rehabilitation settings. Katie has been with IU Health Bloomington Hospital full time since 2014 working in both inpatient rehabilitation and outpatient.

Areas of Special Interest:  Upper extremity orthopedics

Additional Credentials:  AED/CPR certified
Rachael Norton, MS, OTR, DRS
Occupational Therapist

Rachael Norton graduated with a Bachelor of Science degree in Psychology from Grand Valley State University in Allendale, Mich., and a Master of Science degree in Occupational Therapy from Western Michigan University in Kalamazoo, Mich. Rachael practiced in the Bedford area for five years working in home health, outpatient orthopedics, sub acute rehab and pediatrics (clinic, First Steps and school setting) prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 1998. She is currently working with the community mobility evaluation program at the IU Health Rehabilitation and Sports Medicine Center. Rachael achieved her certification as a driving rehabilitation specialist in 2015.

Areas of special interest: Fibromyalgia, rheumatology, chronic pain, low vision therapy, home safety assessments, community mobility evaluations

Additional credentials: AED/CPR certified, Certified Driving Rehabilitation Specialist

Emily McClain, MS, OTR, CLT
Occupational Therapist
Lead Clinician, East

Emily McClain graduated with a Bachelor of Science Degree in Therapeutic Recreation from Indiana University in 2007 and a Master of Science Degree in Occupational Therapy from the University of Indianapolis in 2010. She joined IU Health Rehabilitation and Sports Medicine Center in 2011 and received her certification as a lymphedema therapist through the Norton School of Lymphatic Therapy. Emily has served as the Lead Clinician at RSMC East since 2016.

Areas of Special Interest: Oncology rehabilitation, lymphedema management, and upper extremity orthopedic dysfunction

Additional Credentials: AED/CPR certified, certified lymphedema therapist
Liz Peterson, OTR, DRS
Occupational Therapist

Liz Peterson graduated with a Bachelor of Science degree in Occupational Therapy from Indiana University. Liz joined IU Health Bloomington Hospital in 2004, working in the outpatient and inpatient departments, works with the community mobility program. Liz achieved her certification as a driving rehabilitation specialist in 2015.

Areas of Special Interest: Neurological, wheelchair assessments, community mobility, upper extremity orthopedics

Additional Credentials: AED/CPR certified, Certified Driving Rehabilitation Specialist

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Crystal Hillenburg, CMT
Massage Therapist

Crystal Hillenburg graduated in 2005 from Associates of Integrative Health Massage Therapy Program. Since graduation, Crystal has continued her education and training in the areas of geriatric massage and craniosacral therapy.
Marsha Huberty, SLP-CCC
Speech / Language Pathologist

Marsha Huberty graduated with a Bachelor of Science degree and Master of Science degree in Speech and Language Pathology from the University of Central Missouri in Warrensburg, Mo. Marsha worked as a clinical speech-language pathologist in the public schools for three years, seven years at the Rusk Rehab Center in Columbia, Mo., and two years as a clinical supervisor at the Indiana University Speech and Hearing Clinic. She started the speech and language program for adults and children at Indiana University Health Bloomington Hospital in 1985.

Areas of special interest: Working with adults who have experienced closed head injury, Parkinson’s disease or stroke; patients with voice, language, cognition or swallowing disorders; laryngectomies; and head and neck cancer patients.

Additional credentials: AED/CPR certified, Certification of Clinical Competency, LSVT certified

Lauren Steury, MS, SLP-CCC
Speech / Language Pathologist

Lauren Steury graduated with a bachelor of science degree in biology from San Diego State University and a master of science degree in clinical speech-language pathology from Northern Arizona University. Lauren worked three years as a clinical speech-language pathologist and five years as an outpatient lead therapist for HealthSouth Valley of the Sun in Glendale, Ariz. Lauren has also worked as a clinical speech-language pathologist for IU Health Bloomington Hospital in both the acute and acute rehab units.

Areas of special interest: Traumatic brain injuries, Cerebrovascular accident prevention (CVA), Parkinson’s disease, head and neck cancer.

Additional credentials: AED/CPR certified, Certification of Clinical Competency, VitalStim Certified
Kelly Bellini, PTA
Physical Therapy Assistant

Kelly Bellini graduated with a Bachelor of Arts degree in Psychology from California State University, Long Beach and an Associates Degree of Science in Physical Therapy Assisting from the University of Indianapolis. Kelly has worked in a variety of settings, including outpatient orthopedics, inpatient and nursing home care prior to specializing in aquatic therapy.

Areas of special interest: Aquatic therapy

Additional credentials: AED/CPR certified, Water Safety Certification

David Berning, PT, DPT
Physical Therapist

David graduated with a Bachelor of Arts and Science degree in Pre Physical Therapy from the University of Dayton in 2006 and a Doctor of Physical Therapy degree in 2010 also from the University of Dayton. He has been employed by the IU Health Rehabilitation and Sports Medicine Center since October 2010.

Areas of special interest: Manual therapy, orthopedic conditions

Additional credentials: AED/CPR certified
Heather Blanton, PT, DPT, LAT, ATC
Physical Therapist

Heather Blanton graduated with a Bachelor of Science degree in Athletic Training in 2008 and a Doctor of Physical Therapy degree in 2010, both from the University of Evansville. Heather has been employed by IU Health Bloomington Rehabilitation and Sports Medicine Center since June 2010. Heather has received specialty training through the APTA Section on Women’s Health in pelvic floor dysfunction and women’s health issues, including women with pain or other issues related to pregnancy and postpartum. Heather received additional certifications in 2016 including the Certification of Achievement in Pelvic Physical Therapy and the Certification of Achievement in Pregnancy and Postpartum Physical Therapy.

Area of special interest: Pelvic floor dysfunction, including urinary and bowel issues and pain/difficulty with intercourse. Women’s health, including pregnancy and postpartum. Men’s health.


Ty Childers, PT, DPT, Cert MDT
Physical Therapist

Ty Childers received a Bachelor of Science degree in Kinesiology in 2008 from Indiana University and a Doctorate of Physical Therapy from Indiana University in 2011. Ty has been employed at IU Health since July 2011 and is McKenzie certified in Mechanical Diagnosis and Therapy (MDT).

Areas of special interest: Mechanical diagnosis and therapy of musculoskeletal conditions, including back, neck and extremities; orthopedic and sport-related rehabilitation

Additional credentials: AED/CPR certified, Certified McKenzie Therapist
Donna Cochran, PT  
Physical Therapist

Donna Cochran graduated with a Bachelor of Science degree in Physical Therapy from Indiana University. She was employed by Winona Hospital in Indianapolis prior to joining Indiana University Health Bloomington Hospital in 1980. Donna joined the IU Health Rehabilitation and Sports Medicine Center in 1988.

Areas of special interest: Orthopedics

Additional credentials: AED/CPR certified

Laurie Dalton, PTA  
Physical Therapist Assistant

Laurie Dalton graduated with an Associates Degree of Science in Physical Therapy Assisting from Vincennes University. She worked in Indianapolis and Morgan County in geriatric, pediatric and home health settings prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 1995.

Areas of special interest: Orthopedics and manual therapy

Additional credentials: AED/CPR certified
Chris Gales, PT, DPT, MS, CCCE
Physical Therapist
Clinical Educator, Rehabilitation Services

Chris graduated from Bellarmine University in Louisville, Kentucky with a Doctor of Physical Therapy degree in 2007. He also has a Bachelor of Science degree in Exercise Science (1998) and a Master of Science degree in Clinical Exercise Physiology (2000), both from Indiana University. Chris worked as an Exercise Physiologist in Cardiac Rehab prior to attending PT school. He worked for Frazier Rehab Institute in Louisville prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center team in June of 2009.

Areas of special interest: Body mechanics, spine, research, bicycle fitting, running assessments

Additional credentials: AED/CPR certified

Nathan Gentry, PT, DPT
Physical Therapist
Lead Clinician, West

Nathan graduated with a Bachelor of Arts degree in Kinesiology from DePauw University and received his Doctor of Physical Therapy degree from the University of Indianapolis. He has been employed by the IU Health Rehabilitation and Sports Medicine Center since August 2013 and has served as the Lead Clinician at RSMC West since 2016.

Areas of special interest: Manual therapy, orthopedic/sports rehab, concussion rehab

Additional credentials: AED/CPR certified
Christine Haack, PT
Physical Therapist

Christine Haack graduated with a Bachelor of Arts degree in Art and Movement Therapy and a Bachelor of Science in General Studies with a Science concentration from Indiana University. She also holds a Master of Science in Physical Therapy from the University of Indianapolis. Prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 2005, Christine worked at the Indiana University Student Health Center. She has experience in massage therapy, work station ergonomics and rehabilitation of performing artists. Christine has been a guest lecturer at Indiana University and the University of Indianapolis.

Areas of special interest: Manual therapy and orthopedics

Additional credentials: AED/CPR certified

Erica Herron, PT, DPT, CLT
Physical Therapist

Erica graduated with a Bachelor of Science in Kinesiology from the University of Illinois, Master of Science in Physical Therapy and Doctorate of Physical Therapy degrees at Washington University in St. Louis. She has received specialty training in pelvic floor dysfunction and lymphedema treatment. Erica has previously been employed at Carle Foundation Hospital, The Rehabilitation Institute of St. Louis, Missouri Baptist Medical Center, and IU Health University Hospital in Indianapolis, where she worked at the IU Simon Cancer Center.

Erica joined IU Health Bloomington Rehabilitation and Sports Medicine Center in August 2012.

Areas of special interest: Pelvic floor dysfunction, Women’s Health, Rehabilitation after cancer treatment, lymphedema, and diagnosis and treatment of movement impairment syndromes

Additional credentials: AED/CPR certified, Certified Lymphedema Therapist
Jan Newell, PT, DPT, CLT-LANA
Physical Therapist

Jan Newell graduated with a Bachelor of Science degree in Kinesiology, with an emphasis in Exercise Science, from Indiana University, a Bachelor of Science in Physical Therapy from Finch University/The Chicago Medical School and a Doctorate in Physical Therapy from Shenandoah University. Jan has worked in many different settings including outpatient orthopedics, inpatient, extended care and home health. She joined the Indiana University Health Rehabilitation and Sports Medicine Center in 1996.

Areas of special interest: Oncology rehab, orthopedics, geriatrics, balance and fall prevention, lymphedema management

Additional credentials: AED/CPR certified, certified lymphedema therapist through the Lymphology Association of North America (LANA)

Kyle Neill, PT, DPT
Physical Therapist

Kyle graduated with a Bachelor of Science degree in Kinesiology from Indiana University in 2009 and a Doctorate of Physical Therapy from the University of Indianapolis in 2012. She worked 3 years on the IU Health Bloomington Hospital Inpatient Rehabilitation Unit and joined the Rehabilitation and Sports Medicine team in 2015.

Areas of Special Interest: Neurologic impairments, geriatric rehabilitation, balance and vestibular

Additional Credentials: AED/CPR certified
Brett Niehaus, PT, DPT
Physical Therapist

Brett Niehaus graduated with a Bachelor of Science degree in Marketing from the Indiana University Kelley School of Business in 2007. He completed his Doctorate of Physical Therapy at Rosalind Franklin University of Medicine and Science in Chicago, IL in 2015. Prior to joining IU Health Rehabilitation and Sports Medicine Center, Brett worked as an orthopedic manual therapist in Murfreesboro, TN.

Areas of special interest: Orthopedics, manual therapy, sports medicine, treatment of spinal conditions

Additional credentials: AED/CPR certified

Catherine Noel, PTA
Physical Therapist Assistant

Catherine Noel graduated with a Bachelor of Arts degree in Exercise Science from California State University, Northridge and an Associates Degree of Physical Therapy Assisting from the University of Indianapolis. Catherine has worked in a variety of settings, including acute inpatient rehabilitation, outpatient rehabilitation, pain management, home health, and occupational medicine.

Areas of special interest: Orthopedics, sports medicine, neurological rehabilitation, gait/balance disorders

Additional credentials: AED/CPR certified
Scott Schroeder, PT, LAT, ATC  
Physical Therapist / Athletic Trainer

Scott Schroeder graduated with a Bachelor of Science degree in Athletic Training from South Dakota State University and a Master of Science Degree in Physical Therapy from the University of South Dakota. Scott was employed by Lee’s Summit Hospital in Lee’s Summit, Missouri prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 1999. Since joining IU Health, Scott has served as a lead therapist and now holds the position of Sports Medicine Coordinator. He has lectured on a variety of topics at professional conferences as well as at institutions including Indiana University, Franklin College, South Dakota State University, and the University of Northern Colorado. He has also served as an assistant instructor for Graston Technique®. Scott is an adjunct faculty member in the Indiana University School of Health and Rehabilitation Sciences, Department of Physical Therapy, where he teaches a class related to topics in sports rehabilitation. In addition, Scott functions as an instructor and mentor to graduate and undergraduate students in the clinical setting.

Scott has assisted numerous athletes of all ages, from youth to weekend warrior to professional, return to competition and improve their physical skills by guiding rehabilitation and athletic enhancement programs.

Areas of special interest: Rehabilitation of the athletic knee and shoulder, sport specific rehabilitation, identification of return to play guidelines, sports concussion, community and patient education programs, athletic enhancement programming, program development and administration

Additional credentials: AED/CPR certified, Approved Clinical Instructor

Kent Pellerite, PT  
Physical Therapist

Kent Pellerite graduated with a Bachelor of Science degree in Physical Therapy from Florida A & M University in Tallahassee, Fla. He is involved in post-graduate education in osteopathic manual therapy for the spine, including visceral manipulation, neural mobilization techniques, facial balancing, and energy medicine. Kent joined the Indiana University Health Rehabilitation and Sports Medicine Center in 2006.

Areas of special interest: Orthopedics, spinal conditions, TMJ, headaches and visceral manipulation

Additional credentials: AED/CPR certified
Maneta (Cindy) L. Sims, PTA  
Physical Therapist Assistant

Maneta graduated with an Associates’ degree of physical therapy from Vincennes University in 2011. She has worked in a variety of settings including inpatient acute rehabilitation, and extended care facilities. Maneta joined IU Health in 2011 and the IU Health Rehabilitation and Sports Medicine Center in 2012. She currently works with our Moving Forward weight management program.

Areas of Special Interest: Neurological therapy, aquatics

Additional Credentials: Certified in CPR/AED, Professional Rescuer, First Aid, and Life Guard Instructor

Kirsten Smith, PT  
Physical Therapist

Kirsten Smith graduated from the University of Indianapolis with a Bachelor of Science degree in Biology and a Master of Science degree in Physical Therapy. She has been employed with Indiana University Health Bloomington Hospital since 1997.

Areas of special interest: Vestibular rehabilitation, balance and fall prevention, orthopedic and neurological conditions

Additional credentials: AED/CPR certified
Tom Spevak, PT  
Physical Therapist

Tom graduated in 1982 from Vincennes University with an AS from the Physical Therapist Assistant program. He later attended University of Health Sciences / Chicago Medical School and received a BS in Physical Therapy in 1987. He completed his MHS from the University of Indianapolis in 1997 with emphasis in the orthopedic track. Tom received his certification as a certified lymphedema therapist in 2003. Tom joined the IU Health organization in 2005 and has worked primarily in the outpatient facilities. He has also assisted with inpatient and acute rehab care.

Areas of special interest: Orthopedics, balance and fall prevention, vestibular rehabilitation and lymphedema.

Additional credentials: AED/CPR certified

Carolyn Sullivan, PT  
Physical Therapist

Carolyn Sullivan graduated with a Bachelor of Science degree in Physical Therapy from Indiana University. She has been employed by Indiana University Health Bloomington Hospital since 1974. Carolyn has served as acting supervisor of the Physical Therapy Department, Inpatient Senior Therapist, and Lead Therapist at the IU Health Rehabilitation and Sports Medicine Center in Spencer. Carolyn participated in the planning and opening of the Spencer location, where she continues to work.

Areas of special interest: Total joint replacements, geriatrics, vestibular and balance deficits

Additional credentials: AED/CPR Certified
Brenda Taylor, PT
Physical Therapist

Brenda Taylor graduated with a Bachelor of Science degree in Chemistry and a Master of Science degree in Physical Therapy in 1998 from the University of Indianapolis. Brenda has worked in a variety of settings, but currently specializes in Orthopedics and Sports Medicine. She has advanced training in running performance enhancement, running injury management, kinesiotaping, manual therapy, and Functional Dry Needling. Brenda completed KinetacCore’s Functional Dry Needling Level 1 certification in January 2016. She is currently using this method as an effective treatment for neuro-musculoskeletal pain and movement dysfunction.

Areas of special interest: Pre- and post-partum care, running performance enhancement, aquatics

Additional credentials: AED/CPR certified

Beth Underdahl-Peirce, PTA
Physical Therapist Assistant

Beth Underdahl-Peirce graduated from Associated of Integrative Health with a 500 hour certification in Massage Therapy in 2006 and from Indiana University with a BA in Therapeutic Horticulture and Holistic Health in 2011. She graduated from the University of Indianapolis Physical Therapist Assistant program in 2016.

Areas of special interest: Aquatic therapy, manual therapy, orthopedics, geriatrics

Additional credentials: AED/CPR certified, massage therapy
Donna Vargas, DPT, Cert. MDT
Physical Therapist

Donna Vargas is a graduate of the Army-Baylor Masters in Physical Therapy Program. She served on active duty for five years as an Army Physical Therapist in San Antonio, TX and Frankfurt, Germany before completing her military service with the 5010th Reserve Hospital in Louisville, KY. Donna completed her Doctorate of Physical Therapy also from Baylor University and more recently received extensive training and certification in treating the spine. She is certified in Mechanical Diagnosis and Therapy and sees patients with injuries/pain in the neck, back and extremities.

Areas of Special Interest:  Spine

Additional credentials:  CPR/AED certified, certified McKenzie therapist

Paul Viterisi, PT
Physical Therapist
Occupational Medicine Coordinator

Paul Viterisi graduated with a Bachelor of Science degree in Physical Therapy from Indiana University. Paul was employed by Progressive Rehabilitation, a private practice in Evansville, prior to joining the Indiana University Health Rehabilitation and Sports Medicine Center in 2001. He currently serves as the Occupational Medicine Coordinator. Paul has extensive knowledge and experience working with businesses in reducing costs associated with work-related injuries and illnesses.

Areas of special interest:  Job Function Analysis, pre-work screening, job matching, Functional Capacity Assessment

Additional credentials:  AED/CPR certified
Tom Waggoner, PT  
Physical Therapist

Tom Waggoner received a Bachelor of Arts degree in Industrial Psychology in 1981 from Miami University. He worked at the National Institutes of Health, Rehabilitation Services Department as a Clinical and Research Assistant while attending University of Maryland with emphasis on Chemistry and Physics. Tom later received a Master of Science degree in Physical Therapy in 1986 from the University of Indianapolis. He was commissioned as an officer into the US Public Health Service, and served seven years in active duty status with strong emphasis on specialty orthopedics and neurologic care, diabetic care, orthotics, and safety in mobility. Tom has been with IU Health Bloomington since 1996.

Areas of special interest: Geriatric rehabilitation, orthopedics, orthotic prescription, vertigo and vestibular care

Additional Credentials: AED/CPR certified

Trista Weimer, PT, DPT  
Physical Therapist

Trista Weimer graduated with a Bachelor of Arts degree in Movement and Sports Science from Purdue University in 2008. She completed her Doctorate of Physical Therapy degree at Sacred Heart University in Fairfield, Conn. in May 2011. She joined the IU Health Rehabilitation and Sports Medicine Center team in 2012.

Areas of special interest: Post-operative rehabilitation, orthopedics, sports related injuries, shoulder and lower extremity dysfunction, and aquatic therapy.

Additional credentials: AED/CPR certified, SFMA certified
Tobin Wingard, PT, DPT, GCS
Physical Therapist

Tobin Wingard graduated from the University of Wisconsin, Madison Physical Therapy Program in 1989. Following graduation, he worked at Mercy Hospital and Medical Center in Janesville, Wisc. in the Occupational Medicine and Work Hardening Program. Tobin then moved to Black River Falls, Wisc. where he served for two years as the Director of Rehabilitation for Tri-County Memorial Hospital and Nursing Home (an affiliate of the Gunderson-Lutheran System) in Whitehall, Wisc. He then served as Director of Rehabilitation Services for the Black River Memorial Hospital in Black River Falls, Wisc. Tobin relocated to Bloomington where he served as Director of Rehabilitation Services for the long-term care division of Indiana University Health Bloomington until November 2004, where he has worked with occupational injuries, neurological, orthopedic and geriatric clientele. In May 2011, Tobin completed a clinical doctorate in Physical Therapy from St. Louis University in St. Louis, Missouri. In addition, he completed the credentialing process as a Geriatric Certified Specialist (GCS) through the American Physical Therapy Association (APTA). Tobin has been instrumental in establishing Rock Steady Boxing at IU Health Bloomington.

Areas of special interest: Geriatric rehabilitation, music therapy, dry needling

Additional credentials: AED/CPR certified, APTA Certified Clinical Instructor, Geriatric Certified Specialist
For more information about the Indiana University Health Rehabilitation and Sports Medicine Center and the services our team can provide, please contact Dave Schroeder at 812.353.5383 or dschroeder1@iuhealth.org.

You may also visit iuhealth.org/bloomington to learn more.