



**A GUIDE TO POISONOUS
& NON-POISONOUS
PLANTS IN INDIANA**

**INDIANA
POISON
CENTER**

1-800-222-1222

www.iuhealth.org/poisoncontrol

A GUIDE TO POISONOUS AND NON-POISONOUS PLANTS

Plants are all around us. We use them to decorate our homes, patios and yards and they surround us in nature. Plants are also one of the top 10 most frequent causes of poisoning in young children under the age of 6. While the beauty of plants enhances our surroundings, at the same time they are also a potential source of poisoning to curious young children. Many plants are non-toxic, but others may cause serious symptoms if eaten in even moderate amounts.

How to protect your family from the risk of poisoning.

- Read this information carefully.
- Keep the Indiana Poison Center number, **1-800-222-1222**, by your home phones and program the number into your cell phone.
- Call if you suspect someone has eaten any part of a plant **even if no symptoms are present**.

The poisonous nature of a plant depends on:

- The type and amount of poison - this varies from plant to plant **even within the same species**.
- The maturity of the plant or fruit.
- The part of the plant eaten (e.g., rhubarb stalks are edible but the leaves are poisonous).

The following pages contain lists of common indoor and outdoor plants, some of which may be toxic. **Don't assume that a plant is non-toxic just because it's not on any of these lists.** Plants are alphabetically listed by common name with the botanical name included.

Definition of toxicity

- **Severe toxicity:** may cause symptoms that could be life-threatening, for example, irregular heartbeat, breathing distress, seizures, shock, or paralysis.
- **Moderate toxicity:** may cause symptoms such as hallucinations, severe stomach irritation, agitation or severe dermatitis.
- **Mild toxicity:** symptoms are generally not life-threatening in nature, such as nausea, vomiting, diarrhea, or skin rashes.

Important note: The toxicity of plants as categorized in this guide assumes a small exposure. Larger ingestions can significantly increase toxicity.

The Indiana Poison Center (IPC) plant list is not a medical treatment guide. Always call IPC at 1-800-222-1222 for treatment information if a poisoning occurs.

Important note:

Some plants in the following lists are considered to be toxic to some degree. Remember that the poisonous nature of a plant depends on different factors, such as which part is eaten. **Call the Indiana Poison Center at 1-800-222-1222 immediately if you suspect part of a plant has been swallowed or has come into contact with skin and/or eyes.** Label all plants in your home and yard as the poison specialist will need to know the name of the plant. Remember - all plants can be a choking hazard for young children and pets.

Indoor/House Plants

Plants that may cause severe toxicity

- Egyptian Paper Plant *Cyperus papyrus*
- Golden Dew Drop *Duranta repens*

Plants that may cause moderate toxicity

- Christmas Cherry, Jerusalem Cherry, Natal Cherry *Solanum pseudocapsicum*
- Coral Plant *Jatropha multifida*
- Crown of Thorns *Euphorbia milii*
- Hawaiian Woodrose, Spanish Arborvine *Merremia tuberosa*

Plants that may cause mild toxicity

- Aloe *Aloe species*
- Amaryllis *Hippeastrum species*
- Calla Lily *Zantedeschia aethiopica*
- Candlenut *Aleurites moluccana*
- Cape Leadwort *Plumbago capensis*
- Devil's Ivy Pothos..... *Epipremnum aureum*
- Dieffenbachia, Dumbcane *Dieffenbachia species*
- Golden Trumpet *Allamanda cathartica*
- Grape Ivy *Cissus rhombifolia*
- Jasmine *Jasminum officinale*
- Kaffir Lily, Clivia *Clivia miniata*
- Lantana *Lantana camara*
- Marijuana *Cannabis sativa*
- Philodendron *Philodendron species*
- Pothos *Epipremnum aureum*
- Swiss Cheese Plant, Split-leaf Philodendron, Mexican Bread Fruit *Monstera deliciosa*
- Weeping Fig *Ficus benjamina*

Available in Crafts Stores

Plants that may cause severe toxicity

- Ackee *Blighia sapida*
- Jequirity Bean, Rosary Pea, Prayer Bean, Crab's Eyes *Abrus precatorius*

Indoor/house plants with no known toxicity

African Violet	<i>Saintpaulia ionantha</i>
Aluminum Plant	<i>Pilea cadierei</i>
Araucaria, False Monkey Puzzle Tree, Bunya	<i>Araucaria bidwillii</i>
Artillery Plant	<i>Pilea microphylla</i>
Begonia	<i>Begonia</i> species
Bird's Nest Fern	<i>Asplenium nidus</i>
Blood Leaf Plant	<i>Iresine lindenii</i>
Boston Fern	<i>Bostoniensis compacta</i>
Boston Fern, Sword Fern	<i>Nephrolepis exaltata</i>
Bougainvillea	<i>Bougainvillea</i> species
Bridal Veil, Tahitian	<i>Gibasis geniculata</i>
Bromeliad, King	<i>Vriesea hieroslyphica</i>
Butterfly Orchid, Dancing Ladys, Dancing Dolls, Spray Orchid	<i>Oncidium</i> species
Button Fern	<i>Pellaea rotundifolia</i>
Calathea	<i>Calathea argyrea</i>
Calico Hearts	<i>Adromischus maculatus</i>
Camellia	<i>Camellia japonica</i>
Candle Plant	<i>Plectranthus coleoides</i>
Cape Primrose	<i>Streptocarpus</i>
Carrion Flower	<i>Stapelia hirsuta</i>
Cast Iron Plant	<i>Aspidistra elatior</i>
Chenille Plant	<i>Acalypha hispida</i>
Chinese Evergreen	<i>Aglaonema modestum</i>
Christmas Cactus	<i>Zygocactus truncatus</i>
Christmas Cactus	<i>Schumbergera bridgesii</i>
Copper Leaf	<i>Acalypha wilkesiana</i>
Coral Bells, Kalanchoe	<i>Kalanchoe uniflora</i>
Croton	<i>Codiaeum</i> species
Donkey's Tail	<i>Sedum morganianum</i>
Dracaena	<i>Dracaena</i> species
Dracaena Terminalis	<i>Cordyline terminalis</i>
Easter Lily	<i>Lilium longiflorum</i>
Echeveria, Plus Plant	<i>Echeveria</i> species
Eugenia	<i>Eugenia myrtifolia</i>
False Aralia, Spider Aralia	<i>Dizygotheca elegantissima</i>
Fingernail Plant	<i>Neoregelia spectabilis</i>
Firecracker Flower	<i>Crossandra infundibuliformis</i>
Fittonia	<i>Fittonia</i> species
Flaming Katy	<i>Kalanchoe blossfeldiana</i>
Flowering Maple	<i>Abutilon</i> species
Fuchsia	<i>Fuchsia</i> species
Gardenia	<i>Gardenia</i> species
Glory Tree, Glory Bower, Bleeding Heart Vine	<i>Clerodendrum thomsoniae</i>
Jungle, Geranium.....	<i>Ivora javanica</i>

Indoor/house Plants with no known toxicity, cont'd.

Gloxinia	<i>Sinningia speciosa</i>
Golden Barrel Cactus	<i>Echinocactus grusonii</i>
Goldfish Plant	<i>Hypocyrta</i> species
Hawaiian Ti Plant, Cordyline	<i>Cordyline</i> species
Hibiscus	<i>Hibiscus rosa-sinensis</i>
Hoya, Indian Rope, Wax Plant	<i>Hoya</i> species
Iron Cross Begonia	<i>Begonia masoniana</i>
Jade Plant	<i>Crassula argentea</i>
Japanese Aralia	<i>Fatsia japonica</i>
Kalanchoe	<i>Kalanchoe</i> species
Kentia Palm, Paradise Palm, Sentry Palm	<i>Howea forsteriana</i>
Lipstick Plant	<i>Aeschynanthus lobbianus</i>
Maranta	<i>Maranta</i> species
Maternity Plant	<i>Kalanchoe pinnata</i>
Mexican Pin Cushion	<i>Mammillaria magnimamma</i>
Mexican Snowball	<i>Echeveria elagens</i>
Monkey Plant	<i>Ruellia makoyana</i>
Monkey Plant, Mother of Thousands, Pregnant Plant	<i>Kalanchoe daigremontiana</i>
Mosaic Plant, Nerve Plant	<i>Bertolonia mosaica</i>
Moss Fern	<i>Selaginella</i> species
Mother Fern	<i>Asplenium viviparum</i>
Myrtle	<i>Myrtus communis</i>
Natal Plum	<i>Carissa grandiflora</i>
Neanthe Bella	<i>Neanthe bella</i>
Norfolk Island Pine, Norfolk Pine	<i>Araucaria excelsa</i>
Oldman Cactus	<i>Cephalocereus senilis</i>
Orchid	<i>Epidendrum</i> species
Orchid	<i>Oncidium</i> species
Orchid, Easter	<i>Cattleya mossiae</i>
Painted Lady	<i>Echeveria derenbergii</i>
Palm, Parlor	<i>Chamaedorea elegans</i>
Paradise Palm	<i>Howea forsteriana</i>
Peacock fern	<i>Selaginella willdenovii</i>
Peanut Cactus	<i>Echinopsis chamaecereus</i>
Pellionia	<i>Pellionia</i> species
Peperomia	<i>Peperomia</i> species
Piggyback Plant	<i>Tolmiea menziesii</i>
Pittosporum	<i>Pittosporum tobira</i>
Plush Plant	<i>Echeveria</i> species
Pocketbook Plant	<i>Calceolaria herbeo hybrida</i>
Poinsettia	<i>Euphorbia pulcherrima</i>
Pomegranate	<i>Punica granatum</i>
Pony Tail Plant	<i>Beaucarnea recurvata</i>
Prayer Plant	<i>Maranta leuconeura kerchoveana</i>
Prayer Plant, Red Veined	<i>Maranta leuconeura erythroneura</i>
Pregnant Plant	<i>Kalanchoe pinnata</i>
Propeller Plant	<i>Crassula cultrata</i>

Indoor/house plants with no known toxicity, cont'd.

Purple Passion, Velvet Plant	<i>Gynura aurantiaca</i>
Pygmy Date Palm	<i>Phoenix roebelenii</i>
Queen's Tears	<i>Billbergia nutans</i>
Rabbit's Foot Fern	<i>Davallia fejeensis</i>
Rainbow Plant	<i>Billbergia saundersii</i>
Rattlesnake Plant	<i>Calathea insignis</i>
Resurrection Plant	<i>Selaginella lepidophylla</i>
Rex Begonia Vine	<i>Cissus discolor</i>
Rosary Vine	<i>Ceropegia woodii</i>
Rubber Plant	<i>Ficus elastica</i>
Schefflera, Umbrella Plant	<i>Brassaia actinophylla</i>
Seersucker Plant	<i>Geogenanthus undatus</i>
Sempervirens	<i>Aloe species</i>
Sensitive Plant	<i>Mimosa pudica</i>
Silver Dollar	<i>Crassula arborescens</i>
Silver Heart	<i>Peperomia marmorata</i>
Sinningia	<i>Sinningia species</i>
Snake Plant	<i>Sansevieria species</i>
Staghorn Fern	<i>Platynerium bifurcatum</i>
Starfish Flower	<i>Stapelia species</i>
Stone Face	<i>Lithops bella</i>
String of Buttons	<i>Crassula perfossa</i>
Striped Inch Plant	<i>Callisia species</i>
Swedish Ivy	<i>Plectranthus australis</i>
Teddy Bear Plant	<i>Cyanotis kewensis</i>
Thanksgiving Cactus	<i>Zygocactus truncatus</i>
Tri-colored Dracaena	<i>Dracaena marginata</i>
Venus Fly Trap	<i>Dionaea muscipula</i>
Wandering Jew	<i>Zebrina pendula</i>
Zebra Plant	<i>Haworthia fasciata</i>
Zebra Plant	<i>Cryptanthus zonatus</i>
Zebra Plant	<i>Aphelandra squarrosa</i>
Zebra Plant	<i>Calathea zebrina</i>

Outdoor /Landscape Plants

Outdoor /landscape Plants that may cause severe toxicity

Angel's Trumpet, Jimson Weed	<i>Datura</i> species
Apricot, Peach, Nectarine, Cherry, Plum	<i>Prunus</i> species
Autumn Crocus, Meadow Saffron	<i>Colchicum autumnale</i>
Azalea, Rhododendron	<i>Rhododendron</i> species
Baneberry, Doll's eyes, White baneberry, Red baneberry	<i>Actaea</i> species
Bearberry, Kinnikinnick, Redberry	<i>Arctostaphylos uva-ursi</i>
Buckthorn, Tall Hedge	<i>Rhamnus cathartica</i>
Castor Bean, Mole Bean	<i>Ricinus communis</i>
China Berry Tree	<i>Melia azedarach</i>
Christmas Rose	<i>Helleborus niger</i>
Cowbane, Water Hemlock	<i>Cicuta maculata</i>
Daphne	<i>Daphne</i> species
Foxglove	<i>Digitalis</i> species
Ground Cherry	<i>Physalis</i> species
Holly	<i>Ilex</i> species
Horse Nettle	<i>Solanum carolinense</i>
Jimson Weed, Angel's Trumpet.....	<i>Datura</i> species
Laurel	<i>Kalmia</i> species
Lily-of -the Valley	<i>Convallaria majalis</i>
Madagascar Periwinkle, Annual Periwinkle	<i>Catharanthus roseus</i>
May-apple	<i>Podophyllum peltatum</i>
Milkweed, Butterfly Weed	<i>Asclepias</i> species
Monk's-hood, Aconite	<i>Aconitum napellus</i>
Pieris.....	<i>Pieris japonica</i>
Poison Ivy	<i>Toxicodendron radicans</i>
Poison Sumac	<i>Toxicodendron vernix</i>
Poison Hemlock	<i>Conium maculatum</i>
Pokeweed, Pokeberry	<i>Phytolacca americana</i>
Snow-on-the-Mountain	<i>Euphorbia marginata</i>
Water Hemlock, Cowbane.....	<i>Cicuta</i> species
Wild Parsnip	<i>Pastinaca sativa</i>
Yew	<i>Taxus</i> species

Outdoor /landscape plants that may cause moderate toxicity

Anemone	<i>Anemone</i> species
Angel's Trumpet	<i>Brugmansia</i> species
Arum, Italian Arum, Lords and Ladies, Black Calla	<i>Arum</i> species
Bitter Nightshade, Bittersweet Nightshade, Climbing Nightshade, Deadly Nightshade	<i>Solanum dulcamara</i>
Black Eyed Susan	<i>Rudbeckia hirta</i>
Black Henbane, Henbane, Hog's Bean	<i>Hyoscyamus niger</i>
Black Locust	<i>Robinia pseudoacacia</i>
Boxwood	<i>Buxus sempervirens</i>
Buckeye, Horse Chestnut	<i>Aesculus</i> species
Cardinal Flower	<i>Lobelia cardinalis</i>
Delphinium, Larkspur	<i>Delphinium</i> species
Dogbane	<i>Apocynum androsaemifolium</i>
English Ivy, Common Ivy	<i>Hedera helix</i>
False Hellebore, Indian Poke	<i>Veratrum viride</i>
Giant Hog Weed, Cow Parsnip	<i>Heracleum</i> species
Golden Chain Tree	<i>Laburnum</i> species
Great Lobelia	<i>Lobelia siphilitica</i>
Hot Pepper, Chili Pepper	<i>Capsicum</i> species
Indian Tobacco	<i>Lobelia inflata</i>
Mistletoe	<i>Phoradendron leucarpum</i>
Moonseed	<i>Menispermum canadense</i>
Morning Glory	<i>Ipomoea</i> species
Nicotiana, Tobacco, Tree Tobacco	<i>Nicotiana</i> species
Nightshade	<i>Solanum nigrum</i>
Oak	<i>Quercus</i> species
Poppy	<i>Papaver</i> species
Potato	<i>Solanum tuberosum</i>
Saffron Crocus	<i>Crocus sativus</i>
Silverleaf Nightshade	<i>Solanum elaeagnifolium</i>
Skunk Cabbage	<i>Symplocarpus foetidus</i>
Star-of-Bethlehem	<i>Ornithogalum</i> species
Tomato	<i>Lycopersicon esculentum</i>
White Snake-root	<i>Ageratina altissima</i>
Wild Crocus, Pasque Flower	<i>Anemone patens</i>
Wild Indigo	<i>Baptisia tinctoria</i>
Wild Onion, Wild Garlic	<i>Allium canadense</i>
Wisteria	<i>Wisteria</i> species

Outdoor /landscape plants that may cause mild toxicity

Barberry	<i>Berberis</i> species
Beech tree	<i>Fagus</i> species
Belladonna Lily, Jersey Lily, Naked Lady.	<i>Amaryllis belladonna</i>
Bleeding Heart	<i>Dicentra</i> species
Bloodroot	<i>Sanguinaria canadensis</i>
Buttercup, Ranunculus	<i>Ranunculus</i> species
Calla Lily	<i>Zantedeschia aethiopica</i>
Candlenut	<i>Aleurites moluccana</i>
Cape Leadwort	<i>Plumbago capensis</i>
Chrysanthemum	<i>Chrysanthemum</i> species
Corn Cockle	<i>Agrostemma githago</i>
Daffodil, Jonquil, Narcissus	<i>Narcissus</i> species
Dutchman's Breeches	<i>Dicentra cucullaria</i>
Eggplant	<i>Solanum melongean</i>
Elephant's Ear	<i>Caladium</i> species
Elephant's Ear	<i>Alocasia</i> species
Elephant's Ear, Taro	<i>Colocasia</i> species
Eucalyptus	<i>Eucalyptus</i> species
Four-O-Clock	<i>Mirabilis jalapa</i>
Gill-over-the-Ground	<i>Glechoma hederacea</i>
Golden Trumpet	<i>Allamanda cathartica</i>
Hyacinth	<i>Hyacinthus orientalis</i>
Hydrangea	<i>Hydrangea</i> species
Iris, Blue Flag	<i>Iris</i> species
Jack-in-the-Pulpit	<i>Arisaema triphyllum</i>
Lady Slipper Orchid	<i>Cypripedium</i> species
Lantana	<i>Lantana camara</i>
Leatherwood	<i>Dirca palustris</i>
Marijuana	<i>Cannabis sativa</i>
Paw Paw	<i>Asimina triloba</i>
Privet	<i>Privet</i> species
Rhubarb	<i>Rheum</i> species
Snowdrops	<i>Galanthus nivalis</i>
Sophora	<i>Sophora japonica</i>
Spider Flower	<i>Cleome hasslerana</i>
Squirrel Corn	<i>Dicentra canadensis</i>
Stinging Nettles	<i>Urtica dioica</i>
Thorn Apple	<i>Argemone mexicana</i>
Tulip	<i>Tulipa</i> species
Virginia Creeper	<i>Parthenocissus quinquefolia</i>
Wood Nettles	<i>Laportea canadensis</i>

Outdoor /landscape plants with no known toxicity

Abelia, Glossy Abelia	<i>Abelia grandiflora</i>
African Marigold, French Marigold	<i>Tagetes</i> species
Apple, Crab Apple, Siberian Apple	<i>Malus</i> species
Bamboo	<i>Phyllostachys</i> species
Beauty Bush	<i>Kolkwitzia amabilis</i>
Begonia	<i>Begonia</i> species
Blood Leaf Plant	<i>Iresine lindenii</i>
Blood Leaf Plant	<i>Iresine herbstii</i>
Bunch Berry	<i>Cornus canadensis</i>
Coleus	<i>Solenostemmon blumei</i>
Coral Bells	<i>Heuchera sanguinea</i>
Creeping Jennie	<i>Lysimachia nummularia</i>
Dahlia	<i>Dahlia</i> species
Dandelion	<i>Taraxacum officinale</i>
Elderberry	<i>Sambucus</i>
Firecracker Vine, Candy Cane Vine, Cigar Flower	<i>Manettia bicolor</i>
Flowering Quince	<i>Chaenomeles japonica</i>
Forsythia	<i>Forsythia</i> species
Fuchsia	<i>Fuchsia</i> species
Gazania	<i>Gazania</i> species
Hens and Chicks	<i>Sempervivum tectorum</i>
Hibiscus	<i>Hibiscus rosa-sinensis</i>
Honeysuckle	<i>Lonicera sempervirens</i>
Ice Plant	<i>Lampranthus</i> species
Impatiency, Impatiens, Patient Lucy	<i>Impatiens</i> species
Lilac	<i>Syringa</i> species
Magnolia Bush	<i>Magnolia stellata</i>
Mountain Ash	<i>Sorbus</i> species
Mountain Grape, Holly Grape, Grape Holly	<i>Mahonia</i> species
Mulberry Tree, Red Mulberry	<i>Morus rubra</i>
Mulberry Tree, White Mulberry	<i>Morus alba</i>
Oak Leaf, Bear's Breeches	<i>Acanthus mollis</i>
October Plant	<i>Sedum sieboldii</i>
Passion Vine	<i>Passiflora</i> species
Petunia	<i>Petunia</i> species
Phlox	<i>Phlox</i> species
Pitcher Plant	<i>Sarracenia purpurea</i>
Polka Dot Plant	<i>Hypoestes sanguinolenta</i>
Pyracantha	<i>Pyracantha</i> species
Red Bud	<i>Cercis canadensis</i>
Rose	<i>Rosa</i> species
Rosemary	<i>Rosmarinus</i>
Sedum	<i>Sedum</i> species
Silk Tree, Mimosa	<i>Albizia</i> species
Snapdragon	<i>Antirrhinum</i> species
Snowball Bush	<i>Viburnum</i> species
Spider Plant	<i>Chlorophytum comosum</i>
Wild Strawberry	<i>Fragaria</i> species
Yucca Plant	<i>Yucca</i> species
Zinnia	<i>Zinnia</i> species

POISON IVY



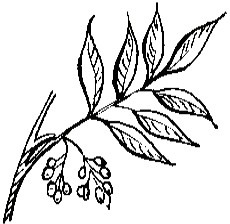
POISON IVY

"Leaflets three, let it be," or "Leaves of three, quickly flee, berries white, poisonous sight," the adage says. Poison Ivy has slightly shiny, dark green leaves. The leaves are usually found in groupings of three and can be smooth or notched. In the fall they turn red. The plant most commonly grows as a vine. It can also be found as a low-growing shrub.



POISON OAK

Poison Oak is not found in Indiana.



POISON SUMAC

Contact with Poison Sumac in Indiana is highly unlikely except in a swamp/boggy area. Sumacs found along roadsides and used as ornamental plants are *not poisonous*.

More information about Poison Ivy:

- Immediately wash the exposed areas of skin with mild soap and running water. If you are in the woods, wash thoroughly in a running stream.
- Clothing that has been exposed to these plants should be laundered several times before wearing again.
- Gardening tools, sporting equipment and pets can also be sources of contamination.
- Avoid burning these plants - breathing in the fumes can cause toxicity.
- The fluid from blisters is not contagious.
- Avoid scratching, which can lead to infection.
- Corticosteroids, such as hydrocortisone cream can be used to relieve symptoms, but *should be used with caution in children*.
- Antihistamines should be either taken by mouth **OR** rubbed on the skin but ***not by both routes at the same time***.
- Soap-less showers several times daily will help provide relief.
- The resulting rash can take up to 48 hours to appear and may last 2-3 weeks.

Put name labels on all indoor and outdoor plants.

You'll need to know what kind of plant was eaten if you have to call the poison center. It's almost impossible to identify a plant by a description over the phone. If you don't know the name of a plant, check the Internet or your local library. Plant nurseries, flower shops and county extension offices can also help you with the names of plants.

Follow these tips to reduce the risk of poisoning from plants in your home:

- Keep all plants up off the floor and out of reach of children and pets.
- Think about using fake instead of real flowers and plants if young children or pets live in or visit your home.
- Store bulbs and seeds locked away, out of sight and reach of children.
- Never eat any part of an unknown plant.
- Teach children to show all plants and berries to an adult before eating.
- Never chew on jewelry, etc., made from plant material or allow children to do so.
- Don't rely on cooking to destroy poisons in plants.
- Remember that plants can also be a choking danger for children and pets.

Background information and plant nomenclature provided by:

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For a poison emergency or to request a free magnet and poison prevention information call:

1-800-222-1222

The Indiana Poison Center is an independent, non-profit, agency providing coverage and services for the entire state of Indiana. It serves as both an emergency telephone service and an information resource center, with services accessible to the general public and health care professionals 24 hours a day, 365 days per year. The IPC is the designated Regional Poison Information Center for Indiana and is certified by the American Association of Poison Control Centers. It is a collaborative effort of the Indiana State Department of Health, Clarian Health, the Federal Health Resources Services Administration and health care providers throughout