



## IU Health Bloomington Hospital Women's Health Resources

---

### [American Academy of Pediatrics](#)

This website provides educational information about children, age newborn through adolescence.

### [BabyCenter](#)

This website provides information on pregnancy, birth and parenting.

### [Born Learning](#)

This website describes how children learn and provides activities and tips for learning.

### [Boot Camp for New Dads](#)

This website provides information about the importance of new dads.

### [Centers for Disease Control and Prevention](#)

This website provides public health information about illnesses.

### [Consumer Product Safety Commission](#)

This website provides information about recalls and product safety news.

### [Current Toy Recalls](#)

This website provides information about recalled products.

### [Dad's Adventure](#)

This website provides information about the importance of a father's involvement in childrearing.

### [Developing Child.net](#)

Read the article "*The Science of Early Childhood Development: Closing the Gap Between What We Know and What We Do,*" from The National Scientific Council (2007).

### [Early Learning and Development Benchmarks](#)

Read the entire document "*Early Learning and Development Benchmarks: A Guide to Young Children's Learning and Development: From Birth to Kindergarten Entry*" (State of Washington, 2005).

### [Epidural Anesthesia for Childbirth](#)

This website provides information about receiving an epidural to relieve pain during childbirth.

### [First Candle](#)

This national website is about Sudden Infant Death Syndrome.

### [Healthy Children](#)

This website provides educational information and tips about health children,

### [La Leche](#)

This website is about breastfeeding and where you can locate your local chapter.



# Indiana University Health

---

## [March of Dimes](#)

This website promotes premature infant health.

## [Food Pyramid](#)

This government website features personalized nutrition plans.

## [National Highway Traffic Safety Administration](#)

This website provides car seat and car information.

## [Parents Anonymous](#)

This website provides local support groups for parents dealing with child abuse issues.

## [Postpartum Support International](#)

This website provides information and resources about perinatal mood disorders.

## [Preeclampsia](#)

This website provides information on preeclampsia, formerly referred to as toxemia or pregnancy-induced hypertension.

## [Resolve Through Sharing Perinatal Bereavement Support Group](#)

This website is for parent(s) who have experienced a miscarriage, stillbirth or newborn death.

## [SAFE KIDS](#)

This is the National SAFE KIDS Campaign and child safety website.

## [SeatCheck](#)

This website shows where to find nearby car seat inspection sites. You can also sign up for our Car Seat Safety Inspections in the [Events & Classes](#) section of this site.

## [American SIDS institute](#)

This website offers information about sudden infant death syndrome.

## [IU Health Southern Indiana Physicians - Pediatrics](#)

This website provides safety tips, a pediatric owner's manual and much more.

## [Vaginal Birth After Cesarean \(VBAC\)](#)

This website provides information about having a vaginal birth after having a previous Cesarean section birth.

## [Women, Infants and Children \(WIC\)](#)

This federal agency website is about the Special Supplemental Nutrition Program for Women, Infants and Children that supports early childhood nutrition.

## **Phone Numbers**

Girls and Boys Town USA National Hotline: 1.800.448.3000

Poison Control: 800.222.1222